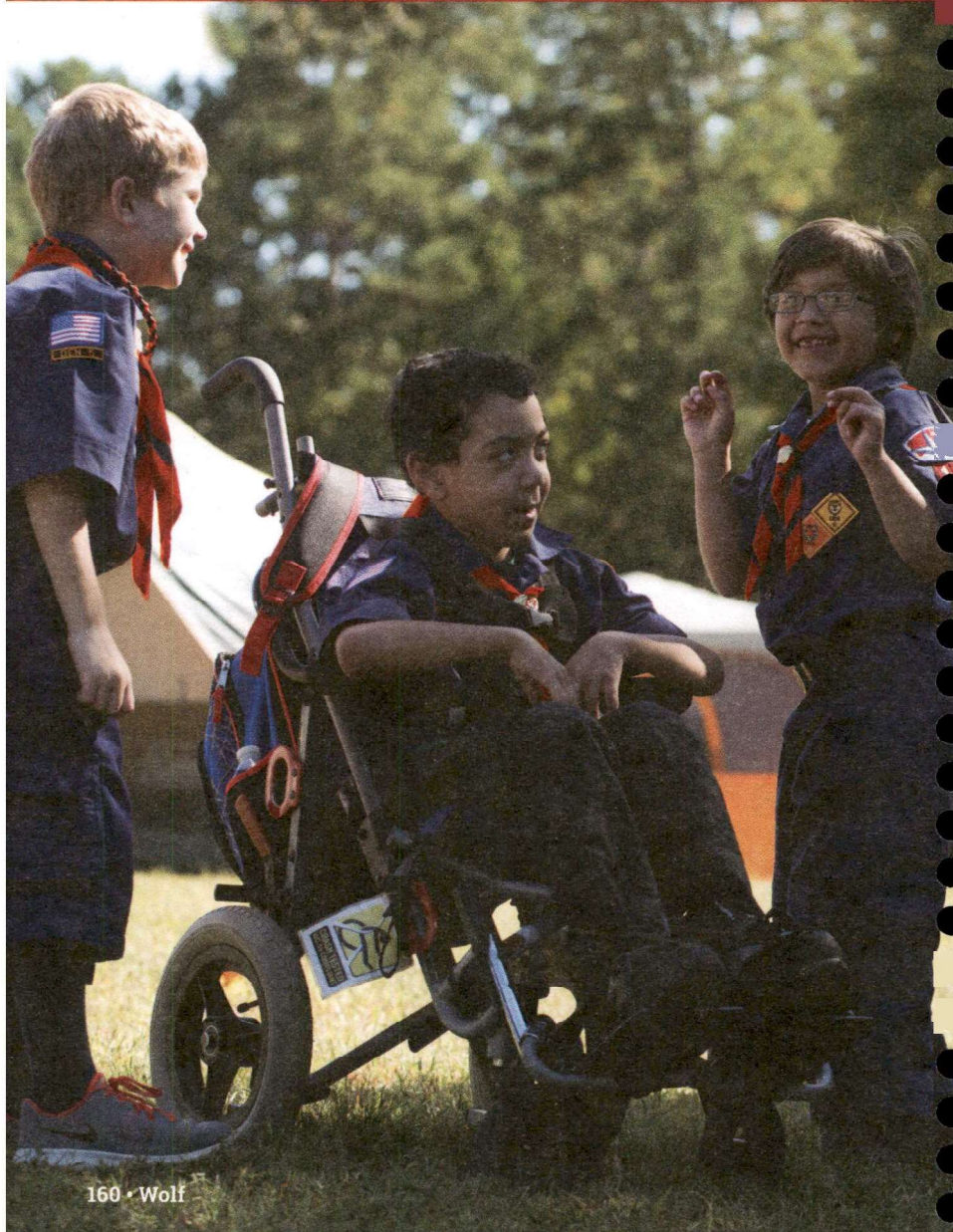


# CUBS WHO CARE

ELECTIVE ADVENTURE



## SNAPSHOT OF ADVENTURE



This Adventure will help you and your fellow Wolf Scouts understand just how many things people with disabilities are able to do. You will discover some challenges people with disabilities face, and you will have the chance to try facing similar challenges yourself. A single activity can't show you everything about life with a disability, but it can help you understand a little more about the ways a person with a disability is able to do things.

### REQUIREMENTS

1. Explore what it is to have a physical disability.
2. Explore what it is to have a visual impairment.
3. Explore what it is to have hearing loss.
4. Explore barriers to getting around.



- **Elective Adventure**
- **Scan for this Adventure page**



## REQUIREMENT 1

Explore what it is to have a physical disability.

If you have a physical disability or mobility challenges, complete this requirement by sharing with your den or den leader some ways you have overcome the challenges that come with having a physical disability.

For this requirement, try using a wheelchair, crutches, or a walker to get around your den meeting location or your home. As you are doing this, think about the skills people with physical disabilities develop to be able to use wheelchairs, crutches, or walkers.



Describe what it was like using a wheelchair, crutches, or a walker.

If you had to use one of these all the time, what changes to your body do you think would happen?

Now try getting around your den meeting location or your home using only your left arm. Put your right arm in a sling or keep it in your pocket to avoid using it.

What type of activities did you find hard to do with just one arm?

Was there anything you couldn't figure out how to do?



Date

Adult's Signature

## REQUIREMENT 2

Explore what it is to have a visual impairment.

If you are visually impaired, complete this requirement by sharing with your den or den leader some ways you have overcome challenges that come with being visually impaired.

For those who are visually impaired, technology has made a big difference. Technology allows those who are blind or have low vision the ability to enjoy a book with audiobooks. They can write a message by using voice-to-text software. There are times when technology isn't available, presenting challenges for those who are visually impaired.





One visual impairment is the loss of sight in just one eye. With two eyes, you can judge distances better. With a buddy, put an eye patch over one eye and play catch with a soft object.

Describe what it was like trying to catch something using only one eye.

Describe what it was like trying to throw something accurately with only one eye.

When you lose sight in both eyes, you must rely on other senses, such as sound, touch, and even smell, to do everyday tasks. Pick a safe location with your den and sit down. Close your eyes for at least three minutes and focus on what sounds you hear, what you can feel, and what you can smell. Describe what you could hear, feel, and smell with your den.



Date

Adult's Signature



### REQUIREMENT 3

Explore what it is to have hearing loss.

If you have hearing loss, complete this requirement by sharing with your den or den leader some ways you have overcome the challenges that come with having hearing loss.

Hearing loss, like other challenges, can happen at birth. Or the loss could be caused by an accident. For some, hearing loss is part of the aging process. Like those who are visually impaired, those who have hearing loss have the technology to help them. Most recently, science has been able to develop a way for some of those without hearing to recognize sound. For others, this technology is not available to them, so they must learn how to overcome their hearing loss.





Using a set of earmuffs or earplugs, play the telephone game. Have your den sit in a circle. The den leader whispers a message in one Cub Scout's ear and asks them to repeat the message to the Cub Scout next to them. The message has to pass

from one Cub Scout to another until the last Cub Scout whispers it back into the ear of the den leader. The den leader then reveals the message that was told to the first child and the one they heard from the last child.

- ▶ What was the original message?
- ▶ What was the message that the last Cub Scout said?
- ▶ How could this game be played to make sure the message doesn't change?



Date \_\_\_\_\_

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## REQUIREMENT 4

Explore barriers to getting around.

Take a walk around your den meeting location, school, or home. Look at the things that would make it challenging for someone with mobility challenges, vision impairment, or hearing loss to get around.

- What would you do if you had to go up the stairs?
- What if you had to go up or down a hill?
- What dangers would there be if someone couldn't see?
- Are there sounds that are important to keep someone safe?



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Date

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Adult's Signature