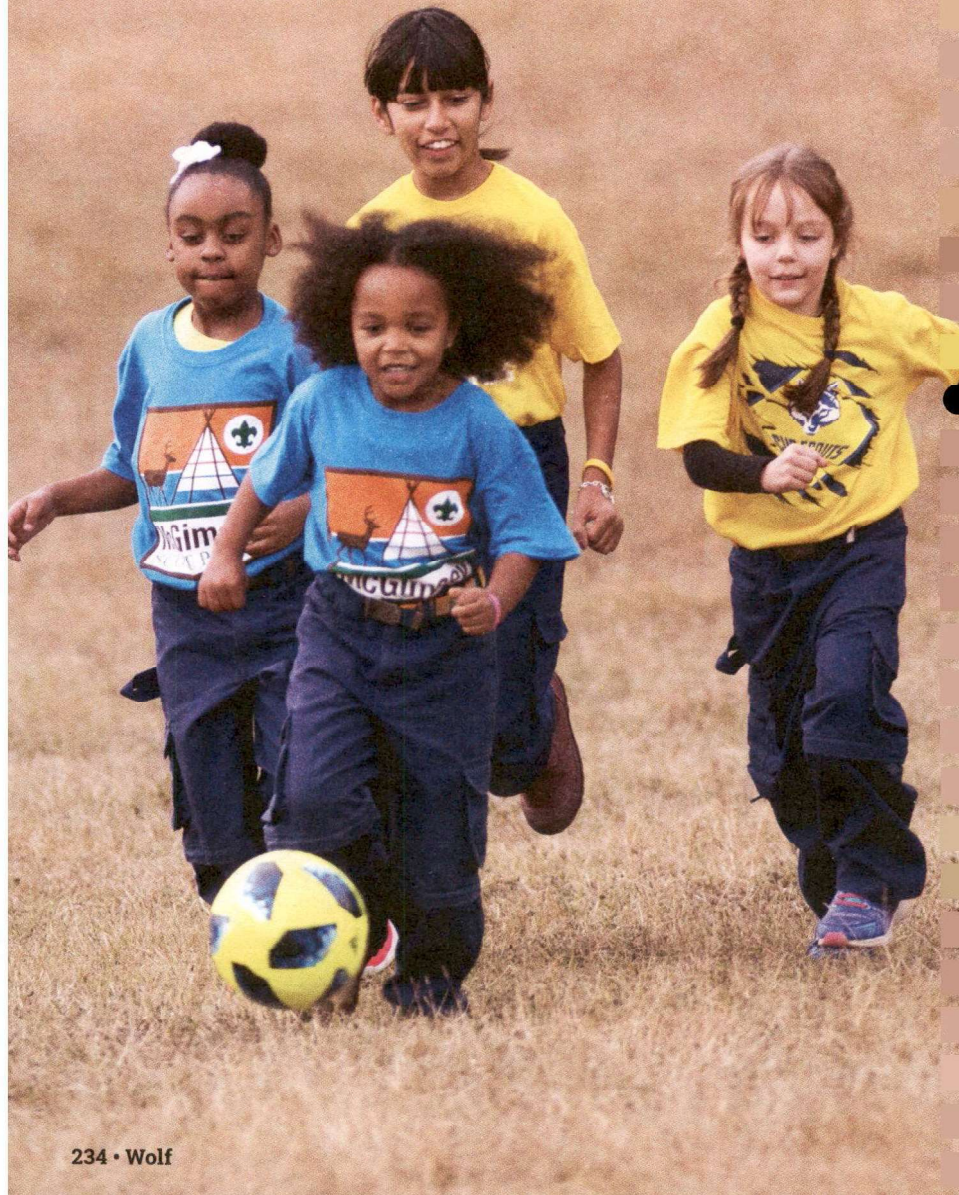


PAWS OF SKILL

ELECTIVE ADVENTURE



SNAPSHOT OF ADVENTURE



Sports and active games are great ways to have fun and be healthy. Sports teach you to work with a team, help others, and follow rules. You can use the Scout Oath and the Scout Law as guides when you are playing games and sports.

In this Adventure, you'll be challenged to exercise, play a team sport with your den, run an obstacle course, and show how to be a good sport. Time to move your powerful paws.

REQUIREMENTS

1. With your den, talk about sportsmanship and what it means to be a good sport. Make the connection between sportsmanship and the Scout Oath and the Scout Law.
2. Learn the rules of a team sport that you can play with your den, pack, family, or friends. After learning the rules, play the game for 30 minutes.
3. Visit or watch a team sporting event with your family or den. Look for ways the team works together and share with your family or den.



• **Elective Adventure**
• **Scan for this Elective Adventure**

REQUIREMENT 1

With your den, talk about sportsmanship and what it means to be a good sport. Make the connection between sportsmanship and the Scout Oath and the Scout Law.

It is important to be a good sport while playing sports and games.

Here are some tips for showing good sportsmanship:

1. Play by the rules.
2. Be courteous to everyone.
3. Cheer for good plays.
4. Do your best.
5. Play to have fun and challenge yourself to do your best.
6. After the game, shake hands or fist bump with those you played with and those you played against.

What part of the Scout Oath or the Scout Law is part of the ways you show good sportsmanship? Sometimes showing good sportsmanship can be connected to more than one part of the Scout Oath or the Scout Law. For example, when you play by the rules, you are being trustworthy and obedient.



Date

Adult's Signature

REQUIREMENT 2

Learn the rules of a team sport that you can play with your den, pack, family, or friends. After learning the rules, play the game for 30 minutes.

When you play a sport by yourself, you can practice and improve on your own. When you are part of a team, you need to work with others to get better. One



player can't do everything. Each member helps the team in some way. Make a list of team sports with your family or den. Think of ways a team works together to be successful. Choose one team sport to play for 30 minutes.

We chose: _____

In Scouting, you have already learned a lot about the importance of teamwork. Remember to support your teammates and play by the rules. Also, treat coaches, other players, and referees with respect.

How did your team work together? How did you help your team? How did you show your appreciation to the referees and coaches after the game?



Date

Adult's Signature

REQUIREMENT 3

Visit or watch a team sporting event with your den or family. Look for ways the team works together and share with your den or family.



With your den or family, attend a sporting event or watch one. Your den can agree on a sport that is in season near you. The players might be in high school or college, or they might be professional players. You can even attend a sporting event for one of your fellow Cub Scouts! See if you can find out some information about the players and the team before you go. It also helps to understand the rules of the game before you watch a sporting event. It's more fun to watch if you know something about the team and how the game is played. Share with your den or family about the ways you saw team members work together and how they showed sportsmanship.



Date

Adult's Signature

