

LET'S CAMP

ELECTIVE ADVENTURE



SNAPSHOT OF ADVENTURE



You are about to go on an overnight campout. Sleeping in a tent, roasting marshmallows, and exploring nature are some of the best parts of being a Cub Scout. Before you go, make a list of what you need to bring. Your den leader and parent(s) will help you get ready. Each time you go camping, you can show you are a Wolf Scout by doing more on your own.

REQUIREMENTS

1. Learn about the buddy system and how it works in the outdoors.
2. Know the Cub Scout Six Essentials.
3. In addition to the Cub Scout Six Essentials, list the personal items you need for your campout.
4. Learn a camping skill.
5. Attend a council or district Cub Scout overnight camp or attend an overnight campout with your pack.



- Elective Adventure
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REQUIREMENT 1

Learn about the buddy system and how it works in the outdoors.

The buddy system is the way for Cub Scouts to look after each other, especially on outdoor adventures. When you go on a walk, take a hike, swim, or camp with your den, each Cub Scout is to have a buddy.

You keep track of what your buddy is doing, and your buddy knows at all times where you are and how you are doing. You and your buddy can share some fun while keeping everyone safe.



Date

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REQUIREMENT 2

Know the Cub Scout Six Essentials.

Telling stories, roasting marshmallows, looking at the stars, sleeping in a tent — these are just a few of the activities waiting for you, depending on the camping or outing.

But before you go, what should you bring?

Start with the Cub Scout Six Essentials:

- ▶ Filled water bottle
- ▶ First-aid kit, including adhesive bandages, first-aid ointment, and other items
- ▶ Whistle
- ▶ Flashlight (Check the batteries)
- ▶ Sun protection
- ▶ Trail food

Learn more about the Cub Scout Six Essentials at the front of your handbook.



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REQUIREMENT 3

In addition to your Cub Scout Six Essentials, list the personal items you need for your campout.

Imagine camping with JUST the Cub Scout Six Essentials. You might feel like you left a few things at home. Think about what other things you would want to bring with you on your campout and write them down. The list below includes items you might want on a pack or family campout. Discuss with your pack or your family which items are needed.

Make a check mark next to the items you plan to bring.

- | | |
|---|--|
| <input type="checkbox"/> Tent | <input type="checkbox"/> Toothbrush & toothpaste |
| <input type="checkbox"/> Sleeping bag or blankets
(to make blanket beds) | <input type="checkbox"/> Toilet paper |
| <input type="checkbox"/> Sleeping pad or air
mattress | <input type="checkbox"/> Sweater or jacket |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Poncho or raincoat |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Soap |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Knife, fork, spoon | <input type="checkbox"/> Extra pants and shirts |
| <input type="checkbox"/> Plates, bowls, cups | <input type="checkbox"/> Extra pair of shoes |
| <input type="checkbox"/> Trash bag | <input type="checkbox"/> Wolf Handbook |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Bible, testament, prayer
book, or another book for
your faith |

GROUP EQUIPMENT CAN INCLUDE:

- | | |
|---|--|
| <input type="checkbox"/> A cooler to keep perishable foods cold | <input type="checkbox"/> Plastic sheet for air-drying dishes |
| <input type="checkbox"/> Food for all camp meals | <input type="checkbox"/> Camp stove or charcoal |
| <input type="checkbox"/> Cooking pot or pan | <input type="checkbox"/> Waterproof groundsheets |
| <input type="checkbox"/> Wash and rinse pans | <input type="checkbox"/> Hammer for stakes |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Pliers |
| <input type="checkbox"/> Disinfectant | |

When you go camping for the first time, you can often use borrowed or substitute equipment. For many Scouts, their first mess kit is a plastic bowl. As you go camping more often, you can add to your equipment.

Before you leave on your outing, check off the list to make sure you have everything. Make sure your gear works and you have everything you need to set up. When you return, talk with your den or family about the fun you had and how prepared you felt with the gear you didn't use and the gear you are really glad you packed.



Date

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REQUIREMENT 4

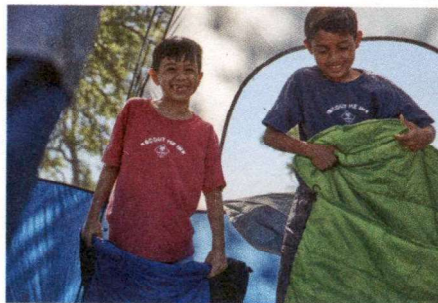
Learn a camping skill.

The skills you need for camping will depend on when and where you go camping. If you are camping during the winter, a good outdoor skill would be learning how to keep your water bottle from freezing overnight. Your den leader may have some ideas of good outdoor skills that you can use on your campout, but here are two that are useful in just about any campout.

Camping Skill – How to set up your camping bed

A good bed can make for a good night's sleep. A bad bed can keep you up all night!

First, something to sleep on. A sleeping pad, cot, foam mattress, or even a tarp will help keep the moisture out and provide padding. Next up depends on if you are going to need to stay warm or stay cool.



You may want to choose to bring a sheet to sleep under, or you may choose to bring blankets or a sleeping bag. Not all sleeping bags are made for camping. Some sleeping bags are for indoors like a sleepover at a friend's house but can be used for summer camping. A sleeping bag made for outdoor camping will have a temperature rating. The temperature rating tells you how cold it can be outside and the sleeping bag still keep you warm.

Here are things you should do to take care of your sleeping bag.

- ▶ Always keep your sleeping bag dry
- ▶ Keep it clean by following the directions on the sleeping bag
- ▶ Never eat food in your sleeping bag; it will attract bugs and animals



Camping Skill – How to tie a square knot

Tying knots is an important Scout skill. It is also something you will use throughout your life. Some of the knots you will learn in Scouting have been used for thousands of years. Every knot has a special purpose. Some knots join pieces of rope together. Some knots that don't slip are used for rescues. Other knots are perfect for tying down equipment; you can adjust these knots, and they will still hold. You will learn how to tie knots to do specific things. All correctly tied knots can be easily untied.

SQUARE KNOT

The main use of a square knot is to join the ends of two ropes. A square knot makes two ropes into one longer rope by joining the ends of the two ropes.

This is why it is called the joining knot in Scouting.

You can use both ends of one piece of rope to make a square knot or two different pieces of rope.

The square knot is simply right over left, left over right.

1. Hold one end of a rope in one hand and the other end of the rope in your other hand.
2. Bring the right-side rope over the left-side rope. Go under and around the left-side rope with the right-side rope.
3. Now bring the left-side rope over the right-side rope. Go under and around the right-side rope with the left-side rope.
4. Pull both ends firmly. The knot will not hold its shape without being tightened.



You can use a square knot to tie bundles together. You also use the first half of a square knot when you tie your shoelaces. Remember, the square knot is not to be trusted when safety is important. Just like your shoelaces, a square knot can sometimes come undone.



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REQUIREMENT 5

Attend a council or district Cub Scout overnight camp or attend an overnight campout with your pack.

If your pack wants to go on an overnight campout, at least one adult in your pack must take Basic Adult Leader Outdoor Orientation (BALOO) to organize and lead the overnight campout.

When you go on an overnight campout or any overnight activity as a Wolf Cub Scout, at least one of your parents or legal guardian must attend with you. If one of your parents or legal guardian cannot attend, then have one of them speak to your den leader.



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